

**Race Results**  
**Age Divisions**

**Grohe "Hope Flows" 5K**  
**Bloomingtondale, IL**

October 2, 2011

<b>Division</b>	<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace</b>	<b>City, State</b>
1st Female		Towler, Annette	24:17.83	7:49	Oak Park, IL
1st Male		Towler, Robert	20:44.47	6:41	Oak Park, IL
1-14 Female	1	Ward, Samantha	34:23.21	11:04	Glen Ellyn, IL
1-14 Female	2	Fowler, Leah	38:13.57	12:18	Wheaton, IL
1-14 Male	1	Yokup, Jeff	28:37.61	9:13	Fox River Grove, IL
20-29 Female	1	Galing, Lara	31:37.91	10:11	Oak Park, IL
20-29 Female	2	Reed, Sarah	31:39.30	10:11	West Chicago, IL
20-29 Female	3	Bhatt, Shilpa	39:07.44	12:36	Bartlett, IL
20-29 Male	1	Cross, Tyler	21:13.65	6:50	Bloomingtondale, IL
30-39 Female	1	Alwan, Gail	29:13.85	9:24	Carol Stream, IL
30-39 Female	2	Klavinski, Jenny	30:10.54	9:43	North Aurora, IL
30-39 Female	3	Figueroa, Vanesa	33:41.60	10:51	Bartlett, IL
30-39 Female	4	Troutman, Jennifer	33:45.94	10:52	Itasca, IL
30-39 Female	5	Ward, Laurie	34:23.38	11:04	Glen Ellyn, IL
30-39 Female	6	English, Michele	37:46.34	12:09	Hanover Park, IL
30-39 Female	7	Bulava, Jamie	39:07.16	12:35	Glendale Hts, IL
30-39 Male	1	Ballesil, Jesse	26:46.65	8:37	Hoffman Estates, IL
30-39 Male	2	Reed, Dave	28:37.52	9:13	West Chicago, IL
30-39 Male	3	Orlando, Dan	44:09.84	14:13	
40-49 Female	1	Breu, Lisa	29:02.04	9:21	Elgin, IL
40-49 Female	2	Duenas, Lynn	31:20.91	10:05	Bloomingtondale, IL
40-49 Female	3	Solomon, Eva	33:41.15	10:51	Bartlett, IL
40-49 Female	4	Sychowski, Geri	44:05.68	14:12	St Charles, IL
40-49 Male	1	Alwan, John	24:57.87	8:02	Carol Stream, IL
40-49 Male	2	Rodriguez, Luis Diego	25:02.18	8:03	Bloomingtondale, IL
40-49 Male	3	Sychowski, Mark	26:18.39	8:28	St Charles, IL
50-59 Female	1	Smith, Kris	30:58.91	9:58	Carol Stream, IL
50-59 Female	2	Sparacio, Jill	32:40.38	10:31	Downers Grove, IL
50-59 Male	1	Rzeppa, Charlie	21:36.60	6:57	Sugar Grove, IL
50-59 Male	2	Crim, Lynn	22:19.97	7:11	Schaumburg, IL
50-59 Male	3	Holte, Wink	26:37.30	8:34	
60-69 Male	1	Stachowiak, Harry	23:54.66	7:42	