

# West Suburban Silver Conference Indoor Meet

Hillside, IL

3/20/2009

## Results

### Event 14 Varsity 400 Meter Dash

#### Final - Timed Finals

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
1 Fox, John (Sr)	York	51.6	10
2 Runnels, Josh (Sr)	Oak Park River Forest	51.9	8
3 Sullivan, Jimmy (Sr)	York	52.3	6
4 Rhode, Pat (Jr)	Lyons Township	52.9	4
5 Krzyskowski, Dane (Sr)	Lyons Township	53.0	2
6 Twardowski, Victor (Jr)	Hinsdale Central	53.5	1
7 Brooks, Josh (Sr)	Oak Park River Forest	54.3	
8 Sloan, Matt (Sr)	Downers Grove North	54.7	
9 Cray, Jordan (Jr)	Hinsdale Central	54.9	
10 Bucher, Matt (Jr)	Downers Grove North	55.0	
11 Cebula, John (Sr)	Glenbard West	56.6	
12 Ndiaye, Saer (Jr)	Proviso West	58.5	
13 Gonzalez, Froyland (Sr)	Glenbard West	58.8	